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The five keys to mastery: Instruction, Practice, Surrender, Intentionality, and The Edge. On learning: For mastering most skills, there's nothing better than being in the hands of a master teacher. On finding a good teacher: To see the teacher clearly, look at his students.

### **Book Summary: Mastery by George Leonard**

Are you one of those people who allows your goal or goals to dominate your life? And once your goals are achieved, do you think of your achievements as, "no big deal?" While the author describes 5 keys to long-term success and fulfillment, as: 1. Instruction; 2. Practice; 3. Surrender; 4. Intentionality; and, 5. The Edge - Push the envelop. Mastery is: 1.

### **Mastery: The Keys to Success and... book by George Leonard**

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The Five Keys to Mastery: Opening Doors to Lifelong Success Written by George Leonard Narrated by George Leonard 5/5 (2 ratings)

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### **Mastery by George Leonard | Book Summary by FlashBooks**

Another key to mastery is your approach to learning itself, namely by cultivating a certain respect for the process. If you want to master tennis, you've got to accept that it'll take time, patience and perseverance to perfect your forehand.

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