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## **Personal Totem Pole Animal Imagery The Chakras And Psychotherapy**

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Eligio Stephen Gallegos, Ph.D is the discoverer of the Personal Totem Pole Process©, a unique and deeply healing method of

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Deep Interactive imagery, popularly known as the "Animal Work".

### **Amazon.com: Personal Totem Pole: Animal Imagery the ...**

The Personal Totem Pole is an account by Dr. Gallegos of his experiences with his Totem Pole animals and of the experiences of some of his clients with theirs. The book is a gentle introduction to Deep Imagery and is of special interest to any one who wishes to explore the Personal Totem Pole process, either on an individual level or as a therapeutic tool.

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### **The Personal Totem Pole Process: Animal Imagery, The ...**

The chakra power animals are the basis for the therapeutic model known as the Personal Totem Pole Process©. The PTPP© is an internationally acclaimed discipline, with practitioners worldwide. It is a unique blend of the theory of active imaginat

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The Personal Totem Pole ... Through a form of interactive guided imagery, The Personal Totem Pole ... Animals so precisely express the infinite qualities available to us - a Bear suggests power, a Dolphin joy and playfulness, an Eagle the ability to soar and view life below from a vast perspective.

### **Personal Totem Pole**

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### **Download [PDF] The Personal Totem Pole Animal Imagery The ...**

Personal Totem Pole: Animal Imagery the Chakras and Psychotherapy. by Eligio Stephen Gallegos. 4.2 out of 5 stars 8.  
Soulcraft: Crossing into the Mysteries of Nature and Psyche. by Bill Plotkin. \$13.99. 4.4 out of 5 stars 88.  
Into Wholeness: The Path of Deep Imagery. by Eligio Stephen Gallegos.

### **Amazon.com: Customer reviews: The Personal Totem Pole ...**

This classic work is a personal account by Dr. Gallegos of his experiences with his Totem Pole animals and of some of the experiences of his initial clients with theirs. The book is a gentle

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introduction to active imagery and is of special interest to any one who wishes to explore the Personal Totem Pole process, either on an individual level or as a therapeutic tool.

### **Personal Totem Pole: Animal Imagery the Chakras and ...**

The term: Animal Imagery or the Animal Work, as used in this website refers to the popular name given to a specific process of active Imagination called The Personal Totem Pole Process©, a means of Deep Imagery developed by Dr Eligio Stephen Gallegos. The Personal Totem Pole of personal imagery engages us in knowing our innermost selves.

### **The Personal Totem Pole Process | E.S. Gallegos, Ph.D.**

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Gallegos. The Personal Totem Pole of personal imagery engages us in knowing our innermost selves.

## | **E.S. Gallegos, Ph.D.**

You might also be interested in the book that was the source of these ideas for her, Eligio Stephen Gallegos's The Personal Totem Pole Process: Animal Imagery, the Chakras and Psychotherapy. SoulCollage encourages creating a separate card for each totem, while he encouraged his clients to call together their totem animals as a council and consult them as a group.

## **My personal totem pole | About what matters**

Others also employ a precise and structured form of imagery, e.g. Ira Progoff in Process Meditation. The personal 'Totem Pole process has been developed by and continues to evolve with Stephen Gallegos and others in Santa Fe, USA. As the name implies, it has connections

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## **The Personal Totem Pole Working with the Animals | IAHIP**

Steve (E.S.) Gallegos is the developer of the Personal Totem Pole Process of deep imagery. He travels worldwide teaching about the deep imagination and introducing people to their own inner animals. Steve Gallegos was born the state of New Mexico in the southwestern United States in 1934.

## **Eligio Stephen Gallegos, Ph.D. - IIVR Directory**

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The Personal Totem Pole Process©, a unique method of active imagery, is a means of accessing the deep imagination developed by Dr Eligio Stephen Gallegos. The method was original named the Personal Totem Pole Process™ but as the work developed, the term “Deep Imagery™” came to be used more frequently.

### **Deep Imagery - International Institute for Visualization ...**

The Personal Totem Pole: Animal Imagery, The Chakras and Psychotherapy by E.S. Gallegos, PhD. Animals of the Four Windows: Integrating Thinking, Sensing, Feeling and Imagery by E.S. Gallegos, PhD. Little Ed & Golden Bear by E.S. Gallegos, PhD. Stories for the Inner Child Series:

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